



## Laboratory Locations

### South Bend

530 North Lafayette Blvd.

University Commons Medical Plaza  
6301 University Commons, Suite 410

### Mishawaka

118 West Edison Road

Elm Road Medical Campus  
60101 Bodnar Rd., Suite 110

Mishawaka Medical Arts  
303 S. Main St.

### Goshen

2120 Rieth Blvd.

### Indianapolis

Seton Medical Campus  
8071 Township Line Road, Suite 120



P-1344

530 North Lafayette Blvd. South Bend, Indiana 46601  
574.234.4176

info@sbfm.org

[www.facebook.com/YourDirectTest](http://www.facebook.com/YourDirectTest)

[www.twitter.com/YourDirectTest](http://www.twitter.com/YourDirectTest)

<http://yourlabmatters.blogspot.com/>

# Order the labs *you* want.



## Affordable. Accurate. Confidential. And now, on your schedule.

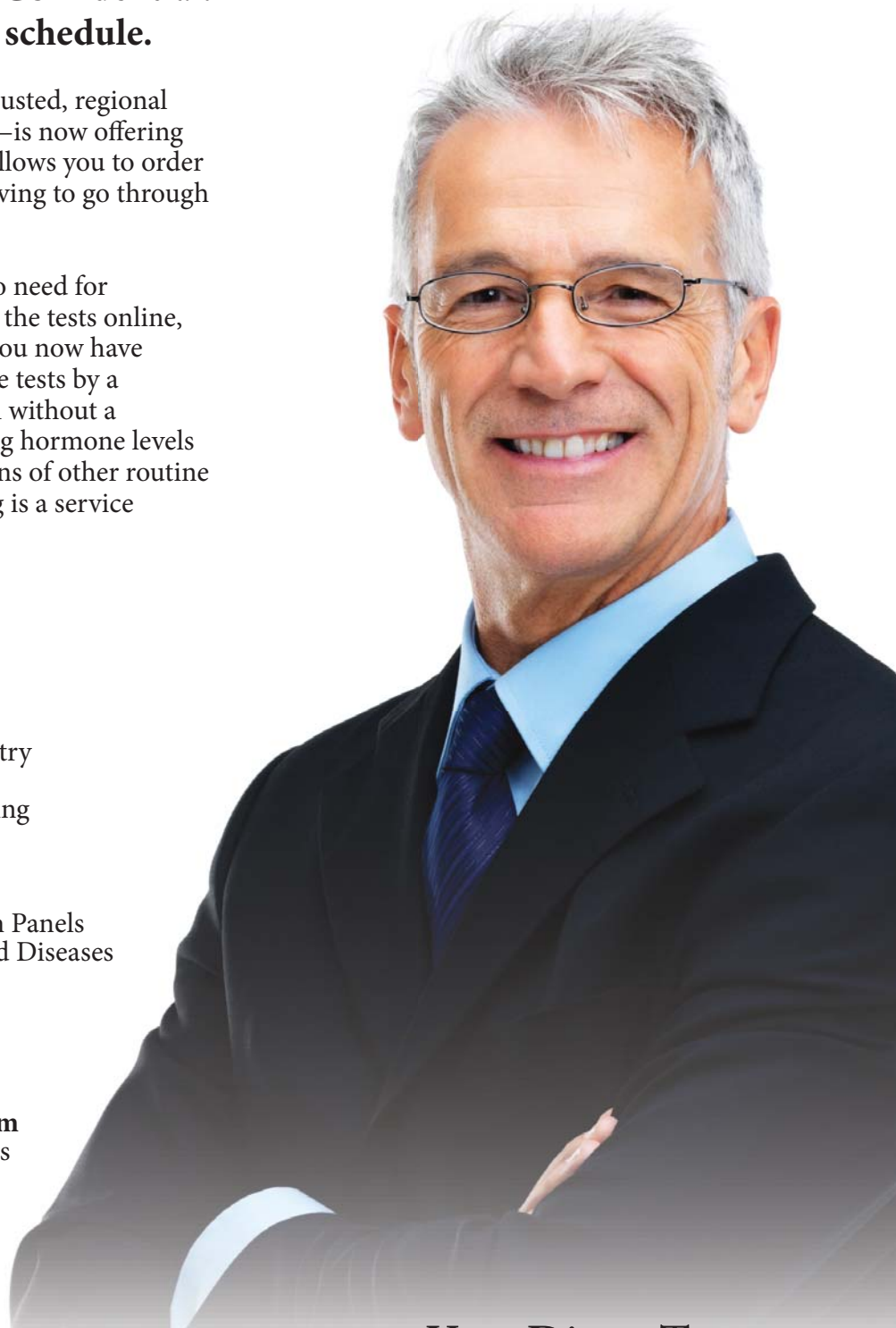
The Medical Foundation—a trusted, regional clinical laboratory since 1912—is now offering Direct Testing, a service that allows you to order routine blood tests without having to go through a doctor's office.

With Direct Testing there is no need for insurance. Whether you order the tests online, or at a patient service center, you now have access to a full menu of routine tests by a certified and accredited lab, all without a doctor's order. From measuring hormone levels and cholesterol panels to dozens of other routine laboratory tests, Direct Testing is a service for you.

### Lab Test Categories

- Allergy Testing
- Basic Blood Chemistry
- Coagulation
- Heart & Stroke Testing
- Hormone Testing
- Infectious Diseases
- Kidney Function
- Nutrition & Vitamin Panels
- Sexually Transmitted Diseases
- Wellness Checks
- ...and more

Visit [www.YourDirectTest.com](http://www.YourDirectTest.com) for a menu of available lab tests and prices.



## FAQ'S

### What is Direct Testing?

At some point, we all have questions about our health. Direct Testing allows you the privacy to order your own routine laboratory tests. Once you receive your results electronically, you can print them, share them with your doctor or simply save them for a comparison for the next time you have labs completed.

### What are the benefits of having this type of testing?

Direct Testing is for patients who want answers about their own health. The Medical Foundation does not submit paperwork to insurance companies; this is a direct patient-to-lab transaction and is completely confidential. We are the locally operated lab your doctor uses, so you never have to worry about accuracy or dependability.

### Do I need to see my doctor?

You do not need a doctor's order to have labs performed with Direct Testing. However, if your results are abnormal, we encourage you to see your physician.

### What forms of payment are accepted?

We accept cash, Mastercard, VISA and debit cards. We do not file insurance for Direct Testing.

### How will I receive my results?

You will receive instructions on how to access your results online through our patient portal. If you don't have online access, you can pick up your results at any of our locations. If you request, we will also send test results to your physician.